

Mission and Vision

Mission: to empower individuals and enhance community health through the promotion and education of calisthenics to foster physical fitness and mental well-being.

Our **vision** is simple yet profound: to revolutionize the way people approach fitness by making it universally accessible, fundamentally simple, and truly effective.

Through partnerships, community initiatives, and the development of public spaces, **Stronger Together**, **Inc.** ("Stronger Together") seeks to demonstrate that true strength comes from within and is available to all.

New York City is known for its ability to transform challenges into opportunities, to make something out of nothing. **Stronger Together** draws on this legacy, seeking to reinvest in the vibrant communities that make up this city by teaching people how to build their bodies and minds through the art of physical training.

In a world where fitness is often equated with luxury—exclusive memberships, expensive equipment, and elite spaces—we know that strength is found in simplicity. At the heart of **Stronger Together** is a commitment to community reinvestment and empowerment. **Stronger Together's** founders know that exercise can be the great equalizer. Fitness is more than just physical – it's mental and emotional.

Stronger Together is on a mission to prove that strength comes from within and that when we train together, we are stronger.

We invite you to join us on this mission as we continue to grow and add more community members.

Your support will not only help build a healthier, more resilient New York but help to effectuate a revolutionary approach to physical and mental health which may serve as a model for other communities around the nation. Together we can work towards ensuring that everyone - regardless of their resources - has greater access to opportunities to achieve their best self and, in doing so, create a ripple effect that extends far beyond the city's borders.

To donate and find out more, visit our website!



Stronger Together, Inc. is pending registration as a 501(c)(3) non-profit organization. Contributions to Stronger Together are tax-deductible to the extent permitted by law.

Key Initiatives



Partnership with Limitless NYC

Stronger Together is partnered with Limitless NYC, New York City's only calisthenics gym. To promote fundraising initiatives, Stronger Together and Limitless NYC will organize competitions that celebrate progress and achievement in calisthenics, with the ultimate goal of raising funds to support the foregoing initiatives.



Looking Ahead

Community Events & Competitions

With the engagement and support of donors **Stronger Together** will host community events to engage and motivate community members and uplift and encourage a spirit of discipline, self confidence and mutual support within the community.

Calisthenics Parks Development

YOUR support will help **Stronger Together** reach its long term goals like developing more outdoor calisthenics parks and making sure our parks are properly equipped and maintained for bodyweight exercises and community gatherings.



In-School Programming

In-school programming serves as a tested, successful model for high impact outreach. With the support of contributors,

Stronger Together will seek partnership opportunities schools, to offer free, age appropriate calisthenics sessions, using monkey bars and playground equipment for cost-effective, widereaching iniativives.

Stronger Together Academies

Stronger Together plans to establish free training academies across various neighborhoods to teach calisthenics techniques to underserved youth, to promote accessible fitness and promote mental and physical well-being in New York City, where **Stronger Together's** leadership was born and raised.

Website: <u>strongertogethernyc.org</u>

Email: contact@strongertogethernyc.org

Instagram: @strongertogethernyc_

